

## 8U LEAGUE RULES

The purpose for this age group is to re-introduce the fundamental skills. Play should be low key and aimed at participation and fun for the players. Coaches' emphasis should be on developing sportsmanship and keeping participation fun.

<b>BALL</b>	Size 3
<b>PLAYERS</b>	5 vs.5 not counting goalie
<b>TIMEOUTS</b>	No timeouts
<b>PERIODS</b>	4 Quarters with 8 minute
<b>PLAYING TIME</b>	Each player must play equivalent of at least full TWO QUARTERS
<b>CLOCK STOPS</b>	Injury
<b>HALF TIME</b>	5 Minutes
<b>CHANGE ENDS</b>	YES, at Half.
<b>OVERTIME</b>	NO Overtime
<b>EQUIPMENT</b>	Shin Guards (Required)

As always, please remember the children participate to have fun. When adults get loud and are yelling at other parents, officials, coaches, or other players - the children no longer have fun. They feel negative pressure to compete and feel very uncomfortable. So while attending any youth sporting event, please conduct yourself with the utmost respect for your neighbor and yourself. Thanks for your understanding and support. Please call our office if you have any questions or concerns.

### CONTACT NUMBERS

- Carolina Forest Recreation Center: 843-915-5332
- Randy Pruden - Athletic Programmer: 843-915-7873

## 10U Soccer Rules

The purpose for this age group is to re-introduce the fundamental skills. Play should be low key and aimed at participation and fun for the players. Coaches' emphasis should be on developing sportsmanship and keeping participation fun.

<b>BALL</b>	Size 4
<b>PLAYERS</b>	7 vs. 7 not counting goalie
<b>TIMEOUTS</b>	No timeouts
<b>PERIODS</b>	4 Quarters with 10 minute
<b>PLAYING TIME</b>	Each player must play equivalent of at least full TWO QUARTERS
<b>CLOCK STOPS</b>	Injury
<b>HALF TIME</b>	5 Minutes
<b>CHANGE ENDS</b>	YES, at Half.
<b>OVERTIME</b>	NO Overtime
<b>EQUIPMENT</b>	Shin Guards (Required)
<b>HEADING</b>	No

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## 14U Soccer Rules

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<b>BALL</b>	Size 5
<b>PLAYERS</b>	8 vs. 8 not counting the goalie
<b>TIMEOUTS</b>	No timeouts
<b>PERIODS</b>	Two 20 minute halves
<b>PLAYING TIME</b>	Each player must play equivalent of at least a full half
<b>CLOCK STOPS</b>	Injury
<b>HALF TIME</b>	5 Minutes
<b>CHANGE ENDS</b>	YES, at Half.
<b>OVERTIME</b>	NO Overtime
<b>OFFSIDES</b>	Yes
<b>Equipment</b>	Shin guards (required)

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